

ADAPTIVE RECREATION PROGRAMMING



Funtastic Programs for Exceptional Individuals!

SPRING 2022 ACTIVITIES: ARTS & CRAFTS

Arts and crafts will use prepackaged kits for ages 4+. Kits will be themed around the season and holidays. Skills addressed will be following individual and group directions, using fine motor skills to sort, peel, stick, and glue craft pieces. Participants will work on socializing in a group such as peer greeting, and conversations.

Classes will be held on the following Wednesdays: 04/06/22, 04/13/22, 04/27/22. (No class on 04/20/22).

Cost: \$40

Location: Senior Community Center

SPRING 2022 SPECIAL OLYMPICS TRACK & FIELD

Special Olympics track and field is a summer sport where athletes train and compete from March through June at both the Area and State level.

Classes will be held on the following Thursdays: 04/07/22, 04/14/22, 04/28/22. (No class on 04/21/22).

Cost: \$40

Location: Monmouth Court Community Center Gym

Special Olympic Spring Games (Ages 8+) takes place on May 4th at Brookdale Park, Bloomfield NJ. Eligible individuals may participate in 2 of the 3 events.

SPRING 2022 SPORTS: T-BALL & KICKBALL

League activities focus on gross motor skills, fundamentals of each sport, and socialization. Participants will enjoy both clinic-style instruction and games in each season. The league uses modified equipment, game play and rules to enhance the learning and play experience.

**Classes will be held on the following Saturdays:
04/30/22, 05/07/22, 05/14/22. (*Rain date: 05/21/22)**

Junior League: Ages 4-6 9:15am – 10:15 am

Teen League: Ages 10-16 10:30 am – 11:30 am

Young Adult League: Ages 17+ 10:30 am – 11:30 am

Cost: \$40

Location: Monmouth Court
Community Center

Outside field-weather
permitting

SPRING 2022 FAMILY EVENT: Table Games

We will play a variety of games such as connect 4, chutes and ladders, jenga and UNO. Focus on following direction, group playing, taking turns, frustration strategies, and socializing. Siblings welcome.

Class held on Monday 04/11/22.

Cost: FREE

Location: Senior
Community Center

Shining Stars is a program for individuals with special needs. All activities are modified to meet the participant's needs. These programs are made possible by a grant from the Department of Children & Families.

Pre-registration required [online](#) or in person at
SYLS Office, Monday-Friday 8:30 am – 4:30 pm.



LIVINGSTON NEW JERSEY

SENIOR, YOUTH & LEISURE SERVICES

Contact Us

Senior, Youth & Leisure Services

204 Hillside Avenue
Livingston, NJ 07039
973-535-7925
livingstonnj.org

Questions? Call Jennifer Quirk at
973-535-7925, ext. 403
or email jquirk@livingston.nj.org

REQUIREMENTS FOR PARTICIPATION

An I.E.P. or 504 plan is required for sports league and programs. For more information, please [email Jennifer Quirk](#) the Adaptive Recreation Coordinator or call 973-535-7925, ext. 403 Program are open to non-residents.

NEED A PROGRAM THAT ISN'T LISTED HERE?

If you are searching for a program that isn't listed, please feel free to reach out, as the township has many resources available to find a program best suited to each participant's needs.



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