



**IDENTIFYING CARDIAC PROBLEMS IN YOUNG ATHLETES CAN HELP SAVE LIVES**  
We're taking the first step...

***Raising Awareness of Sudden Cardiac Arrest in Young Athletes***



***A Public Information Session***  
with

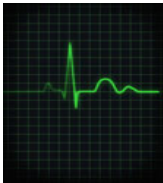
**Deborah M. Friedman MD, FAAP, FACC**  
Chairperson of Pediatrics, Pediatric Cardiology  
Saint Barnabas Medical Center

**Monday, October 15<sup>th</sup> 7pm to 8pm**

**Livingston High School Auditorium  
30 Robert Harp Drive**

Ninety percent of sudden cardiac deaths in young athletes occur during or after athletic activities. Hidden heart conditions are often the cause. When preliminary testing to identify potentially serious cardiac problems is provided to young athletes, sudden cardiac arrest and tragic deaths may be avoided.

Saint Barnabas Health Care System is taking a proactive role in identifying potential cardiac problems in young players, through the ***Playing With Heart*** initiative.



*Sponsored by:*

 **HCHY** Healthy Community Healthy Youth Initiative of Livingston, Inc  
*A collaborative partnership between youth and adults creating a community where all young people thrive*



***In partnership with:*** Livingston Public Schools, Livingston Town Council, Livingston Department of Recreation & Parks, Livingston Parent-Teacher Council, Livingston Soccer Club, Livingston Junior Lacrosse, Junior Lancer Football & Cheerleading, Livingston American Little League, Livingston National Little League, Sr. Little League, Big L Club

For further information contact HCHY Executive Coordinator Bonnie Granatir at 973 202-9266 [bonnie@granatir.com](mailto:bonnie@granatir.com)