

LIVINGSTON HEALTH DEPARTMENT  
HOSTS SPRING HEALTH FAIR

The Livingston Health Department invites all its residents to the Spring Health Fair on Monday April 18th from 8:30AM till 11:30AM. This year we are excited to hold this event at our new Senior/Community Center at 204 Hillside Avenue. We have a group of professionals along with other guests in related health fields joining us that morning for free screenings, health education information, demonstrations, and alternative therapy as well.

Free screenings offered: Vision, Hearing, Chiropractor, Bone Mineral Density and blood pressures. We will have information on the benefits on yoga from “Yoga on the Mount” and massage therapy will be on site. The students from Seton Hall University School of Nursing will be joining us again. They will have interactive projects on healthy living: nutrition, exercise, sun safety, and updates on management of diabetes and cardiac disease. Dr. Petillo, an urologist, will be a guest that morning. We will offer a variety of blood screenings at very reasonable prices by Medical Laboratory of West Orange. These tests include: Health Profile, Lyme, PSA, T3T4, Hepatitis C screening, Hepatitis B surface antigens, Homocystein and CPR (cardiac screens) and Blood type with Rh factor. The registration forms for the blood work will be available at Town Hall and the Health Department at the Community Center. These forms must be returned by April 15th to the Nursing office.

Our goal, as always is to encourage a healthy lifestyle by providing health education, health promotion and disease prevention for our community. If you have any questions or wish further information, call us at the Nursing Division @226, 227, or 228 for assistance. Looking foreword to seeing you at the Fair!