

MEDIA ADVISORY

For Immediate Release

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The Livingston Advisory Committee for Disabilities (LACD) Kicks Off Winter Sports Clinic at West Essex YMCA and Announces Annual Holiday Party

(LIVINGSTON, NJ: November 28, 2011) The Livingston Advisory Committee for Disabilities (LACD) kicks off its first of four Winter Sports Clinics on **Sunday, December 4 from 12 pm to 1 pm** with indoor Soccer, and announces its annual Holiday Party will be held on Saturday, December 17 from 12 pm to 2pm.

The Soccer Winter Sports Clinic, which is free, will be held at the West Essex YMCA at 321 South Livingston Avenue. The event, especially created for children with special needs, will be led by LACD co-chair Bob Gebroe and staffed by student and parent volunteers from the community, who will be cheering on the children.

Children with special needs are welcome to participate in the soccer clinic to learn or improve upon their skills and game in a supportive and encouraging atmosphere. The free clinic is also a great opportunity for the children to practice their social skills in a natural setting. No pre-registration is required as the clinic is drop-in. For more information, please call 973-970-4441.

LACD's other Sunday Winter Sports Clinics at the YMCA, all in 2012, are scheduled as follows: January 8 (Basketball); February 12 (Kickball); and March 4 (Baseball), so save the dates!

On Saturday, December 17, LACD will host its annual Holiday Party from 12 pm to 2 pm at the Livingston Senior and Community Center at 204 Hillside Avenue. Guests will celebrate with food, beverages, DJ music and a visit from Santa! Guests are kindly asked to each bring a dessert to share with fellow partygoers. As seating is limited, an RSVP to the LACD Holiday Party is required. Please call Alan Karpas at 973.992.6411 or email alan@karpas.net by December 7 and for more information.

In keeping with its mission – to improve the quality of life of citizens with disabilities and their families – LACD continues to strive to reach more of its community members who are in need of social and recreational services. If you know of anyone who could benefit from LACD's free programs, please contact us by telephone (see above) or visit our website at: www.livingstonnj.org/lacd.

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