

**Township of Livingston
Nursing Division of the Health Department
invite you to.....**



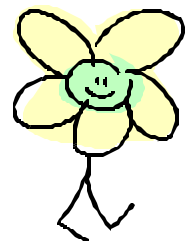
“Stride into Spring”

**When: Wednesdays, April 5—June 28, 2006
12:30PM—1:00pm**

Where: Memorial Park Oval

What: This 12-week program is open to anyone in the Livingston community. Wear comfortable clothes, sneakers or walking shoes and meet at the end of the Oval facing Town Hall. Inclement weather cancels the event.

*Move to improve your fitness
with friends!*



**Call the Nursing Department @ (973) 535-7961
Ex. 226, 227, 228 for questions or information**