
Resources for LGTBQIA+ Individuals, Families, and Allies

Crisis Resources



Essex Rain LGBT Shelter

"The Essex LGBT Reaching Adolescents In Need (RAIN) Foundation is a 501(c)3 non profit that provides emergency shelter services to address the emergent need of Lesbian, Gay, Bisexual and Transgender (LGBT) individuals experiencing crisis leading to homelessness." Based in East Orange, NJ.

Homeless Assistance Line: 973-675-6780

Email: info@essexlgbthousing.org



Trevor Lifeline

The Trevor Project is a "leading national organization, providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning youth." If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call the Trevor Lifeline now"

Phone: 1-866-488-7386

<https://www.thetrevorproject.org/>



Trans Lifeline

Provides peer support for transgender people and their families and friends.

<https://www.translifeline.org>

Hotline: 1-(877) 565-8860



Mental Health Crisis

In a mental health crisis? The National Suicide Prevention Hotline is trained to handle LGBTQ+ specific challenges. They are available 24/7 at 1-800-273-8255.

Beginning in July 2022, the mental health assistance will be available by calling a new national emergency line, 988.

Additional LGBT specific information from the Suicide Prevention Lifeline, a program of the US Substance Abuse and Mental Health Services Administration, is available at: <https://suicidepreventionlifeline.org/help-yourself/lgbtq/>



Livingston Police

The Livingston Police Department has the duty to serve and protect all community members, including LGBTQ+ individuals. They have sent numerous speakers to Livingston's Pride events. In the event of a hate crime, the police detective bureau can be contacted at 973-992-3000, ext. 3500.



STATE OF NEW JERSEY DEPARTMENT OF CHILDREN AND FAMILIES

State of New Jersey Department of Children and Families

The "DCF Supports LGBTQI." Where LGBTQ+ youth are subject to abuse, the state may intervene. The DCF has also compiled a list of resources at <https://www.nj.gov/dcf/adolescent/lgbtqi/>

Family services may be reached by phone at: 1-855-463-6323