



DEMENTIA Support GROUP

Specially Designed for Families & Caregivers

If you are caring for someone with dementia, who is caring for you? You are not alone. This informational, supportive group will help you to learn more about the disease as well as understand their feelings about the changes dementia has made on their daily lives. Support groups can also help you:

- Learn practical caregiving information
- Get mutual support
- Learn about your local community resources
- Find solutions to challenging behavior

FACILITATED BY:

Jeanette Lauture
Memory Care Advisor

Oct. 19
Nov. 16
Dec. 14

10:30 am to 11:30 am

Please RSVP: Corrine Judge email:
cjudge@livingstonnj.org or call
937-535-7925 Ext 8

LOCATION:

Livingston Senior
Community Services Center
204 Hillside Avenue
Livingston, NJ 07039



 **ARDEN COURTS**
PROMEDICA MEMORY CARE

510 Prospect Avenue
West Orange, NJ 07052
973-736-3100

