



DEMENTIA

# Support

GROUP

## *Specially Designed for Families & Caregivers*

If you are caring for someone with dementia, who is caring for you? You are not alone. This informational, supportive group will help you to learn more about the disease as well as understand their feelings about the changes dementia has made on their daily lives. Support groups can also help you:

- Learn practical caregiving information
- Get mutual support
- Learn about your local community resources
- Find solutions to challenging behavior

FACILITATED BY:

Jeanette Lauture  
Memory Care Advisor

January 18

February 15

March 21

10:30 am to 11:30 am

To Register: email  
[syls@livingstonnj.org](mailto:syls@livingstonnj.org) or call  
937-535-7925 Ext 0

LOCATION:

Livingston Senior  
Community Services  
Center, 204 Hillside Ave. - **LIVINGSTON-**  
Livingston, NJ **NEW JERSEY**



 **ARDEN COURTS**  
PROMEDICA MEMORY CARE

510 Prospect Avenue  
West Orange, NJ 07052  
**973-736-3100**

