



## The #1 Most Modifiable Risk Factor for **Preventing Dementia**

**Monday, Oct 16, 2023, 6:00 pm**

Livingston Senior/Community Center (LSCC)  
204 Hillside Ave.

*Presented by Rhee Nesson, Au.D,  
Doctor of Audiology and Certified Dementia Practitioner*

### **Who This Event Is For:**

- If you are over the age of 50
- If you have experienced Tinnitus, or ringing/buzzing/chirping in the ears
- If your doctor has ever told you that you were diabetic
- If you have high blood pressure
- If you sometimes have difficulty hearing
- If you are retired without a driving purpose
- If you forget more than you used to, or are having more 'Senior Moments'

**If any of the above apply to you, a loved one, or neighbor we look forward to seeing you and them at this Dementia Education Event**

By applying the latest research along with cutting edge technology, Dr Nesson focuses on treating hearing loss early to improve one's overall health and cognitive function to significantly reduce the risk of developing dementia. By using the gold-standard of best practice audiology, Dr. Nesson developed the proprietary H.E.A.R. Method™ Treatment Program which creates customized hearing solutions for each person she treats so that they stop saying "what" - *guaranteed*.



Dr. Rhee Nesson attended the University of Michigan where she received her undergraduate degree. She went on to attend Hunter College and then the Graduate Center of New York where she earned her Doctorate in Audiology. She is a member of professional organizations, including ASHA (American Speech-Hearing Association) and AAA (American Academy of Audiology). Ever since her grandmother was diagnosed with dementia and hearing loss, she has been

interested in the connection between how the ears and brain work and has concentrated much of her independent continuing education in that area of study.

**FREE; pre-registration required** online at [Livingstonnj.org/SYLS](https://Livingstonnj.org/SYLS) or in person at SYLS Office, 204 Hillside Ave., M - F, 8:30 am - 4:30 pm.

Questions: please call 973-535-7925, option 8 or email

[syls@livingstonnj.org](mailto:syls@livingstonnj.org)



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