



LIVINGSTON
FOR ALL
AGES

Bereavement Support Group

Monday, October 16 - December 4, 2023

10 - 11 am

Livingston Senior/Community Center (LSCC)
204 Hillside Ave.

Free, Pre-registration required

We are pleased to announce an introductory bereavement support group run by Life Hospice in Livingston.



This group will run for eight consecutive weeks, starting on Monday, October 16th at the Livingston Senior/Community Center and will be facilitated by a Life Hospice staff member. The New Day Support

Group will help those who have experienced the recent loss of a loved one by providing a safe space where group members can talk, share, learn, and heal with others who understand and support each other.

Registration **begins Wed., Aug. 23, at 8:30 am for Residents**, Non-residents, Wed., Aug. 30, at 8:30 am. **FREE; pre-registration required** online at Livingstonnj.org/SYLS or in person at SYLS Office, 204 Hillside Ave., M - Th, 8:30 am - 4:30 pm, **Friday, 8 am - 1 pm in effect May 26 - September 8, 2023.**

Questions: please call 973-535-7925, option 8 or email syls@livingstonnj.org



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